


Women's Defense League



OF NEW HAMPSHIRE

Are you interested in having a private **REFUSE TO BE A VICTIM**[®] Seminar for your organization or group where you can learn the personal safety tips and techniques you need to avoid dangerous situations and AVOID BEING A VICTIM?

The Women's Defense League is happy to accommodate groups who wish to learn personal safety tips. We will come to your venue and teach your members about situational awareness and how they too can REFUSE TO BE A VICTIM.

This is an award-winning crime prevention program!

Safety experts agree the single most important step toward ensuring your personal safety is making the conscious decision to **Refuse To Be A Victim**[®]. You stand a much better chance of preventing criminal attack if you develop a safety plan before you need it. That is why we offer the NRA **Refuse To Be A Victim**[®] crime prevention seminar.

The **Refuse To Be A Victim**[®] program is not a firearms or self-defense class. It's a packed four-hour seminar that will help you improve personal safety strategies and will provide you with valuable information that you can apply in every area of your life.

A variety of seminar topics are covered:

- mental preparedness
- home security
- physical security
- travel security
- cyber security
- self-defense training
- automobile security
- personal defense devices
- psychology of criminals

Contact INFO@WDLNH.org for more information.

For more information about the Women's Defense League of NH, be sure to like our Facebook page and follow us on Twitter for information about the League, our various training events, 2A issues around the state, and more!

Website: <http://wdlnh.org/>

Facebook: Women's Defense League of NH

Twitter: @WDLNH